



TAGORE INTERNATIONAL SCHOOL
VASANT VIHAR, NEW DELHI-57

CIRCULAR FOR CLASS VI

TIS/ VV/ 2022-23/062

September' 22

Dear Parent,

Comprehensive sexuality education lays the foundation for a healthy and happy life. It involves gender, puberty, consent, relationships, and sexual and reproductive health for all young people.

With the goal to educate our students about the various aspects of sexuality, Tagore International School, Vasant Vihar is organizing two sessions on Sexuality Education for the students of Class VI.

Key highlights of Session 1 to be conducted on Friday, 9th September, 2022

The session will be conducted in two parts

Part 1: Co-Ed

- Physical Changes of Puberty
- Reproductive Anatomy

Part 2: Sex Specific Session

- Boys:
 - ✓ Male Reproductive Anatomy and Physiology
 - ✓ Good hygiene practices
- Girls:
 - ✓ Female Reproductive Anatomy and Physiology
 - ✓ Menstruation
 - ✓ Good hygiene practices

Key highlights of Session 2 to be conducted on Monday, 12th September, 2022

Co-Ed

- Psychological, social, and emotional changes during puberty and their management
- Peer pressure
- Identify ways to establish healthy boundaries and assert one's needs
- Consent
- Be able to critically assess media influence on body image
- Managing feelings of attraction

Both workshops will be followed by a Q&A session to satiate the curiosity of these young and impressionable minds.

We encourage you to have open conversations with your children regarding the same. In case of any queries, please feel free to reach out to our Senior School Counsellor - Ms Mehr Lungani at mehrlungani@tagoreint.com.

Dr Parul Tyagi
Principal