



**TAGORE INTERNATIONAL SCHOOL**  
**VASANT VIHAR, NEW DELHI**  
**CO-SCHOLASTIC SYLLABUS CLASSES I**  
**SESSION 2023-24**

| MONTH    | ART PURSUIT  |  |   |  | OTHERS  |   |
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|          | PUBLIC SPEAKING  | THEATRE  | PERFORMING ART  | ART  | COMPUTERS   | PHYSICAL EDUCATION  |
| Apr.-May | <p>Introduction to Public Speaking. (in brief)</p> <p>What is public speaking</p> <p>Advantages of public speaking</p> <p>Introduction and Wishing / greeting each other</p> <p>Poem :Everybody has a Name</p> | <p>Getting familiar with the basic idea of theatre</p> <p>Expressions Emotions/Voice Projection</p> <p>Sensory Stimulation Speaking &amp; Listening Skills/ Body Language/ Spatial Arrangement</p> | <p><b>Indian Dance:</b></p> <p>&gt; Introduction of Kathak as a classical dance</p> <p>&gt;Types of Classical dances in India</p> <p>&gt;Importance of Bhoomi Pranam in Kathak</p> <p>&gt;Tatkar (basic Footwork)</p> <p><b>Western Music:</b></p> <p>Introduction to singing.</p> <p>Song: It's a beautiful day - Greg &amp; Steve</p> | <p>*Elements of art</p> <p>*Exploring lines and shapes.</p> <p>*Introduction to lines and shapes.</p> <p>*Object drawing from basic shapes and lines.</p> <p>*Introduction to primary colors</p> <p>*Composition- My room, in Primary colors</p> | <p><b>Getting familiar with computer</b></p> <ul style="list-style-type: none"> <li>• Switch on/off a computer</li> <li>• Different parts of the computer.</li> <li>• Buttons on mouse (left &amp; right)</li> <li>• Usage of Computers at various places</li> <li>• Alphanumeric &amp; Special keys on the keyboard.</li> <li>- Delete</li> <li>- Backspace</li> <li>- Shift</li> <li>- CAPS LOCK</li> </ul> | <p><b>Throwing and catching</b></p> <p>Underarm throwing station</p> <p>1. Their goal is to knock the ball off.</p> <p>Underarm throwing station</p> <p>2. Have the students try to throw their ball into a bucket</p> <p>Underarm throwing station</p> <p>3. Have the students partner up and try to successfully throw and catch.</p> |

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|     |  |  |   |   | <b>MS Paint Drawing software</b> <ul style="list-style-type: none"> <li>Shapes tool in MS paint</li> </ul>  |  |
| Jul | <p>Speaking on the topic 'My Favourite food'</p> <p>Talk about why junk food is bad for us. (Research based activity)</p> <p>Talk show on 'my snack box'</p> | <p><b>Introduction to Reader's Theatre</b><br/>Script reading activity</p> <p><b>Story- Goldilocks and the Three Bears</b><br/>Speaking/Listening/Reading language/Spatial Arrangement</p> | <p><b>Indian Dance:</b><br/>&gt;Revision<br/>&gt;Introduction of Tatkari Ki Tihai<br/>&gt; Bhoomi Pranam</p> <p><b>Western Music:</b><br/>Introduction to singing<br/><br/>Song: You are my sunshine - Kina Grannis</p> | <p>*Art style:<br/>Gond art - Nature In Gond Art.</p> <p>*Focus on the preservation of nature through Gond art.</p> <p>*Research</p> <p>*Discussion</p> <p>*Layouts</p> | <b>MS Paint Drawing software</b> <ul style="list-style-type: none"> <li>Shapes tool in MS paint</li> <li>-Rectangle tool</li> <li>-Ellipse tool</li> <li>-line tool</li> <li>-Curve tool</li> <li>• Colour Palette</li> <li>• Fill Can</li> <li>• Thick and thin lines (Line thickness options)</li> <li>• Saving a file</li> <li>• Opening a file</li> </ul> | <p><b>Running And Jumping</b></p> <p>1. Step into the first square with your right foot, quickly place the foot down and shift your weight onto that foot.</p> <p>2. Step into the second square with the left foot. Quickly place the foot down and shift your weight onto that foot.</p> <p>3. Repeat the movement in #1 stepping into the third square of the agility ladder.</p> |
| Aug | Spin a tale  | <b>Theatre form</b><br>Creative Drama  | <p><b>Indian Dance:</b><br/>&gt;Independence Day Song "India Wale"</p>  | <p>Britto Art</p> <p>*Discussion</p> <p>* Layouts</p>   | <b>Ms-Paint- Drawing Software</b> <ul style="list-style-type: none"> <li>Pencil tool</li> <li>Foreground colour</li> <li>Background colour</li> </ul>   | <p><b>Different types of Animal walk</b></p> <p>There are plenty of</p>  |

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|      | Poem and activity on Independence Day   | <b>Team presentations</b><br>Enactment of a short story<br><br><b>Element of theatre</b><br>Costumes<br><br><b>Activity</b><br>Dress up and walk | <b>Western Music:</b><br>Song: All things bright and beautiful  | *Final artwork composition: "togetherness"   | <ul style="list-style-type: none"> <li>Eraser</li> <li>Brush tool</li> <li>Set image as desktop background               <ul style="list-style-type: none"> <li>Tile</li> <li>Center</li> <li>fill</li> </ul> </li> </ul>   | animal walks to try out that are great for sensory input and practicing gross motor skills to work towards achieving milestones. Bear Walk – their hands and feet with the front of their body facing the ground and their bottom up in the air. Elephant Swing –their arms together in front of their body and then swing from side to side as if their arms |
| Sept | Extempore on a given object.<br><br>Role play (in pairs): wild and domestic animals.<br><br>Spin a Tale | <b>Theatre Form</b><br>Mime : Enact a given situation/ rhyme<br><br>Speaking and Body Language<br>Voice inflection practice/Expressions          | <b>Indian Dance:</b><br>>Preparation for Sanchayan<br><br><b>Western Music:</b><br>Song: money money - Abba | *Blow Painting<br><br>*Focus on simplistic drawing.<br><br>*Discussion<br><br>*Layouts on Friendship<br><br>*Teachers day card | <b>Ms-Paint- Drawing Software</b><br>Text tool <ul style="list-style-type: none"> <li>Colour</li> <li>Font</li> <li>Font size</li> <li>Style- Bold / Italics/ Underline</li> <li>rotate</li> <li>Select tool</li> <li>Copy</li> <li>Paste</li> <li>Brush tool.</li> </ul> | <b>Body Awareness Balancing</b><br><br>1. Students will learn how to balance their bodies.<br>2. Students will be developing Body Coordination<br>3. It will also help them with Strength Development   |

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| <b>Oct</b> | <p>Speaking about a festival</p> <p>Wishing grandparents, parents and friends on a festival.</p> <p>Speaking on why we celebrate birthdays.</p> | Rehearsal of the class presentation | <p><b>Indian Dance:</b><br/>&gt;Preparation for Sanchayan</p> <p><b>Western Music:</b><br/>Preparation for Sanchayan</p> | <p>Paper cutting collage:</p> <p>*Layouts</p> <p>*Working on Patterns of collage and colour patterns.</p> <p>*Use of dots, dashes, lines and patterns.</p> <p>*Artwork on Deshara.</p> | <p><b>SCRATCH JR.</b><br/><b>[Visual Block Programming ]</b></p> <p><b>Interface of Scratch Jr.</b><br/>Canvas area<br/>Background</p> <p>Insert characters</p> <p>Delete characters</p> <p>Move Block<br/>Orange wait block</p>  | <p><b>Body Awareness Balancing</b></p> <p>4. Students will learn to maintain proper body posture.</p>  |
| <b>Nov</b> | Rehearsal of the class presentation   | Rehearsal of the class presentation | <p><b>Indian Dance:</b><br/>&gt;Preparation for Sanchayan</p> <p><b>Western Music:</b><br/>Preparation for Sanchayan</p> | <p>Paper cutting collage (Continued):</p> <p>*Layouts</p> <p>*Working on Patterns of collage and colour patterns.</p> <p>*Use of dots, dashes, lines and patterns.</p>                 | <p><b>Recapitulation/ Auditions for Computer Prowess</b></p> <p><b>Ms-Paint- Drawing Software</b><br/>Selection tool<br/>Copy/ Paste<br/>Transparent Selection</p> <p><b>SCRATCH JR.</b><br/><b>[Visual Block Programming ]</b></p> <p><b>Commands Orange Block</b></p> | <p><b>Walking On Different Pathways,</b></p> <p>Walking posture: Level hips, no slouching<br/>Arm motion: Bent elbows and a natural arm swing<br/>Foot motion: Roll from heel to toe<br/>Walking stride: Push off with your rear foot, don't overstrike.</p> |

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|            |   |   |  |  | Wait<br>Set speed<br>repeat  |  |
| <b>Dec</b> | Rehearsal of the class presentation   | Rehearsal of the class presentation                                   | <b>Indian Dance:</b><br>>Preparation for Sanchayan<br><br><b>Western Music:</b><br>Preparation for Sanchayan                             | *Texture painting<br><br>*Collecting right objects for creating textures.<br>*Artwork for Christmas  | <b>SCRATCH JR. [Visual Block Programming]</b><br><br><b>Commands</b><br><b>Orange Block</b><br>Wait<br>Set speed<br>repeat<br><b>Purple block</b><br>Show<br>Hide  | <b>Ball Handling in a different manner</b><br><br>Game of bowls by placing cones in a row and rolling a ball to knock them over.<br>The students will roll larger balls like soft balls and use plastic bottles .  |
| <b>Jan</b> | Famous personalities and speaking about them<br><br>Names of different flowers and speaking on 'My bouquet' | Story- The Tale of The Sun and The Moon<br><br>Know about Ruskin Bond | <b>Indian Dance:</b><br>>Revision of Taal-teentaal Basics<br><br><b>Western Music:</b><br>Music theory practice, revision and assessment | *Capturing movement and motion with use of lines through abstract art.<br><br>*Inspiration from artist Joan Miro.<br><br>*Movement and motion in drawings<br><br>*Discussion<br><br>*Layouts | <b>SCRATCH JR. [Visual Block Programming]</b><br><br><b>Commands</b><br><b>Purple block</b><br>Show<br>Hide<br>Reset size<br>Grow<br>Shrink<br><br>Next Background | <b>Rolling at the Targets</b><br><br>Underhand throw:<br>Practice the arm moments several times before actually throwing the ball.<br>The ball is held in front of the body with relaxed arms.<br>Overhand throw:<br>Practice the arm moments several times before actually throwing the ball. |

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|                |  |  |   | *Final drawings  |   |   |
| <b>Feb-Mar</b> | <p>The Cooperation Game (build a story)</p> <p>The Fastest Speaker</p> <p>Show and Tell</p> <p>The Year That Was</p> | <p><b>Theatre Form:</b></p> <p><b>Ventriloquism</b></p> <p>-throw one's voice</p> <p>-Any story of student's choice</p> <p>-Jokes with Expressions</p> | <p><b>Indian Dance:</b></p> <p>&gt;Free style on the song 'Mood'</p> <p><b>Western Music:</b></p> <p>Music theory practice, revision and assessment</p> | <p>*Art form:</p> <p>Mixed media painting</p> <p>Art style:</p> <p>Abstract art</p> <p>Happy Self Portraits like Paul Klee</p> <p>*Discussion</p> <p>*Layouts</p> <p>*Final Artwork</p> <ul style="list-style-type: none"> <li>• 2D</li> <li>• Relief portraits</li> </ul> | <p><b>SCRATCH JR.</b></p> <p><b>[Visual Block Programming]</b></p> <p><b>Commands</b></p> <p>pop</p> <p>Send messages</p> <p>Start messages</p> | <p><b>Rolling at the Targets</b></p> <p>The ball must be held above or behind the head with bent arms, the arms move in an upward, forward direction when throwingThe arm movements determine the force and direction of the throw When practicing the throws, the ball can be thrown through a hoop, at a wall</p> |